



29<sup>th</sup> November 2017

Dear Parent(s)/Carer(s),

**Parent Meeting: Wednesday 6th December 6.00 to 6.45pm: Mental Well-being  
repeated Friday 8th December 10.00 to 11.00 am.**

I would like to invite you to a talk on the importance of Mental Well-being and how we can work together to support you daughter. The talk will be based on the latest information from industry professionals and will take place next Wednesday 06/12/17 from 6.00 to 6.45 pm, and on Friday 08/12/17 from 10.00 to 11.00 am.

A 2017 report by the Children's Commissioner for England, Anne Longfield, found that 580,000 young people – more than the total population of Hackney and Islington – are receiving some form of social care or assistance with mental health problems. This is a national problem and as reported in the Guardian Newspaper on 25/08/17, unless mental health issues are diagnosed in childhood it can affect children's adult lives - "Statistics show that one in 10 children [nationally] – an average of three in every classroom – has a diagnosable mental health problem, and that 75% of mental health problems in adults have their roots in childhood."

Thank you for your continued support in ensuring that your daughter can shape tomorrow inspired by faith. I look forward to seeing you next Wednesday.

Yours sincerely,

**Mr Michael Feely**  
Deputy Headteacher

