



OUR LADY'S CONVENT HIGH SCHOOL

WEEKLY NEWSLETTER

Issue No. 469 Friday, 4th March 2016

Headteacher's message: *Ms Justine McDonald*

This week, in Headteacher Assemblies, I have been reiterating my Lenten Challenge:
To do something different during Lent – develop Mercy

To give something up during Lent - reduce added sugar with an emphasis on drinking on water rather than sugary drinks.

But this week we also reflected on the idea of health rather than beauty. I challenged the girls to reflect on our sense of 'body image' and to examine how the female form is presented to us in the media. We looked at how magazines 'Photoshop' images and create unrealistic images of celebrities that we then try to compare ourselves to. My hope for our students is that they will be Healthy, Happy, Confident and have Self-belief. I know that having a realistic sense of body image, and an ability to love and respect themselves, will help them on that journey.

We had an excellent night on Thursday, with the Year 9 Options Evening. There was a real sense of energy and engagement as students and parent went through the processes of selection GCSE Options. Thank you so much all the parents who took the time to support their daughters' in the incredibly important process.

Announcements: *Events and important dates*

Thursday, 10th March 2016: Year 10 Parents Evening – 5.00pm to 7.00pm
Just a reminder to parents of year 10 students, our consultation evening 10th March.

Monday, 21st March 2016: School Outfitters:
Fosters Schoolwear will be in school from 3.30pm to 5pm to sell school uniform

Thursday, 21st April 2016: Year 7 Parents Evening – 5.00 to 7.00pm
Just a reminder to parents of year 7 students, our consultation evening 21st April.

Reports and News

Ms. Stanton, Head of Health & Social Care, BTEC Coordinator.



THURSDAYS 3.15 – 4.45pm
Room B57
One Session per student.

Please send your name to Ms Stanton

April 14th, 21st, 28th
May 5th, 12th, 19th, 26th
June 9th, 16th, 23rd

Community Service in School Debriefing

Marcus Duran – Community Engagement

On Friday 26th February Core RE pupils in Year 13 were visited by Scott Albrecht from The Catholic Worker farm in Rickmansworth, West London.

The Catholic Worker Farm accommodates homeless asylum seeking women who have no recourse to public support or funds. In many cases this accommodation is the only one of its type available in London. The farm is run all year round by a team of live-in and visiting volunteers who dedicate their lives to creating a community of hospitality and a life of prayer for the residents.

Scott spoke passionately to the students about human rights, the front-line impact of the current refugee crisis and also the history of The Catholic Worker Movement in the UK. This week Core RE sixth-form students will receive presentations by Mary Whifield (Head of Social Impact at Viridian Housing), Maritsa Georgiou (Head of Early Years and Nursery & Assistant Head, St Mary's Priory Infant School) and Justina Cruickshank (Head of volunteering at Hackney Winter Night Shelter).

Only water

Ms McDonald, Headteacher

In order to help student's remain hydrated during the day, and therefore aid concentration, we have allowed them to bring water into school that can be consumed during lessons. Water, and water alone, is allowed beyond the dining hall and playground. Plain, still, unflavoured water in bottles of 500ml or less are allowed in classrooms.

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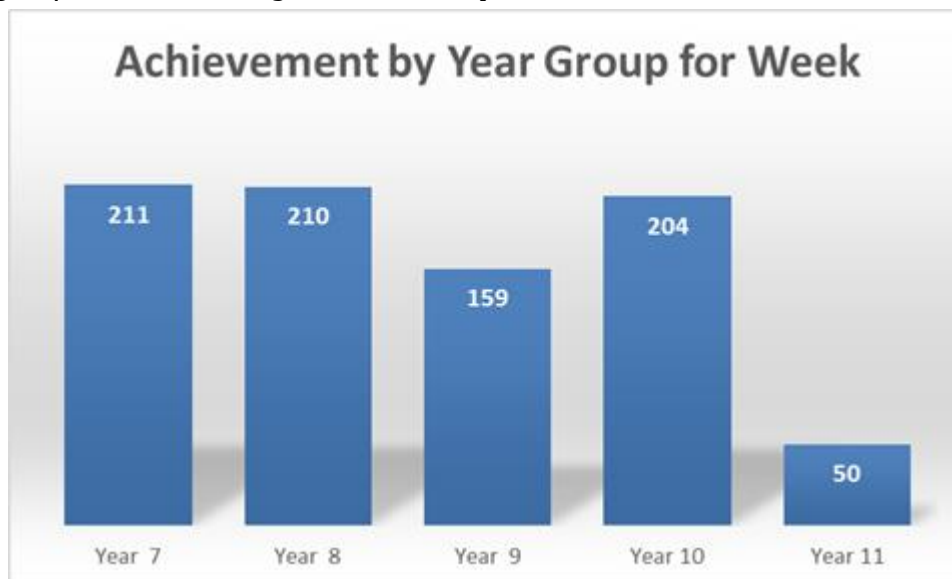
Ms. Lopes, Head of Year and Teacher of P.E.

The PE Department is now collecting Sainsbury's Vouchers towards Sports equipment.

Please help us by bringing your vouchers into school. There is a box at reception.

Recognising Achievement: *Mr. Smith, Assistant Headteacher.*

The table below shows the total number of achievement points received by each year group for week ending **26th February 2016**



Attendance and Punctuality: *Dr. Blackwell, Deputy Headteacher.*

The table below shows the Form within each year group achieving the best attendance and the form achieving the best punctuality for the week ending 26th February 2016.

	Attendance		Punctuality	
	Form	%	Form	%
Year 7	7M	96.88	7M	98.75
Year 8	8P	97.1	8J	99
Year 9	9J	99.33	9P	98.67
Year 10	10M	98.33	10P	97.33
Year 11	11J	96.9	11J	98.28